



Manaccan Primary School & Nursery

Head of School: Mr R Hoskins

10.09.24 – PSHE Curriculum Information

Dear Parents & Carers,

I am writing to provide you with up to date information regarding our PSHE curriculum.

Safety Caring Achievement Resilience Friendship

You can read about the statutory guidance in this DfE guide for parents here:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

At our school we use the leading children's health and wellbeing charity, Coram Life Education (CLE) to support us in meeting these legal requirements. We use Coram Life Education's online SCARF teaching resources. More information about Coram Life Education and SCARF can be found on their website:

www.coramlifeeducation.org.uk

SCARF stands for: Safety, Caring, Achievement, Resilience and Friendship and is taught from EYFS throughout the school to Year 6. The scheme provides a comprehensive spiral curriculum for PSHE education, including mental health and wellbeing. Using SCARF across all age groups ensures progression in knowledge, attitudes and values, and skills – including the key skills of social and emotional learning, known to improve outcomes for children.

Our PSHE curriculum follows six units of study, each unit is revisited each year to enable progression in skills, knowledge and understanding.

The six units are:

- Me & My Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights & Responsibilities
- Being My Best
- Growing & Changing

Research shows that children with better health (including mental health) and wellbeing are likely to achieve better academically. By learning about positive

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Manaccan Primary School, Church Town, Manaccan, Helston, Cornwall TR12 6HR

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relationships, respect for themselves and others, and behaving appropriately and safely online, they are better able to enjoy their friendships and therefore focus more at school.

We recognise that parents play a vital part in their child's personal and social education and development so we encourage you to discuss the topics we teach with your child at home as well. We also understand that some families may find aspects of this programme of study sensitive. For this reason, we will make sure you know when we are going to be teaching about puberty and in Year 6 about how a baby is conceived and born. This is the only aspect of our Relationships and Sex Education that is not statutory and for which parents have a right of withdrawal. Please speak to the Head of School if you wish to exercise this right.

If further advice or support is required, or if you have any questions or comments about the programme or would like to view the resources, please don't hesitate to speak to your child's class teacher.

Thank you for your continued support,

Mr Hoskins

Head of School

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